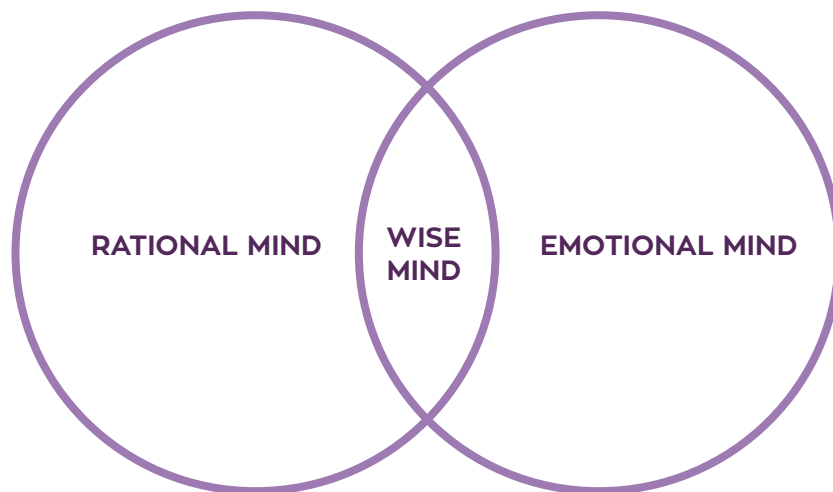


LESSON 4 - HANDOUT - MIND EXERCISE

NAME _____



EXPERIENCES:
RATIONAL MIND

EXPERIENCES:
WISE MIND

EXPERIENCES:
EMOTIONAL MIND

STRATEGIES FOR
EMOTIONAL MIND